

[Further Details on One2One Mentoring Programme](#)

The YMCA in Ireland is a youth organisation that works with children, young people, families and the community. The YMCA **One2One Mentoring Programme** requires a commitment from the volunteer mentor to meeting a young person for an hour each week throughout the school year. One2One mentoring meetings are held from 6.30 pm to 7.30 pm on Tuesday evenings at the YMCA in Brookfield, West Tallaght. After the children leave, all mentors participate in a group supervision session which is facilitated by the YMCA One2One Manager. This lasts about 40 minutes.

Volunteer Mentors must participate in a Training Programme which is available throughout the year. Subject to vetting and receipt of two references, mentors will be matched with a young "mentee" and be supported to carry out mentoring in a communal setting at the YMCA.

What is One2One?

One2One is a listening and activity based mentoring service which engages trained mentors to offer under supervision, weekly one-to-one support to 'vulnerable' young people aged 8-14 years. One2One uses active listening, activities, goal setting and positive role modelling to help young people (mentees) to build positive relationships with adults and peers as well as developing interests and skills that they can sustain in the longer term. One2One provides, at a pivotal time in their lives, additional safe and supportive space in which young people can grow to their full potential.

One2One Mentors will be:

- Over 18
- Have good conversational English
- Be reliable
- A good communicator, with good listening skills.
- Empathic and caring.
- Patient
- Approachable

Further information available on One2One Mentoring [here](#)

[Application Form](#)